

# MR. COLE'S HIGH SCHOOL HEALTH ENHANCEMENT GRADING POLICIES AND RULES

## DAILY GRADING-

ACTIVITY DAYS- (MONDAYS, TUESDAYS, THURSDAYS, FRIDAYS)

**\*5PTS A DAY POSSIBLE (a possible 20pts per five day week)**

GRADED ON: ATTENDANCE (**5PTS**), DRESSING OUT (**2PTS**), STRETCHING (**2PTS**), PARTICIPATION AND BEHAVIOR (**2PTS**)

FITNESS DAYS- (WEDNESDAYS)

**\*20 PTS POSSIBLE (half or more of your weekly grade)**

GRADED ON: ATTENDANCE (20PTS), DRESSING OUT (**5PTS**), STRETCHING (**5PTS**), PARTICIPATION AND BEHAVIOR (**10PTS**)

**\*40 Total Points in 5 day week (1<sup>st</sup>-3<sup>rd</sup> Quarter), and 35 Total points in 4 day week (4<sup>th</sup> Quarter)**

**\*NEW SUBSTITUTE TEACHER BEHAVIOR-** ANY DISCIPLINE PROBLEMS WITH A SUBSTITUTE TEACHER WILL DROP FINAL GRADE ONE LETTER!

**\*ALL TARDIES-** WILL COST 2PTS OFF YOUR DAILY GRADES

**\*ALL ABSENCES** MUST BE MADE UP EXCEPT- SCHOOL SPONSORED TRIPS, AND PRE APPROVED PREARRANGED ABSENCES! ANY UNEXCUSED ABSENCE WILL BE A ZERO AND CAN'T BE MADE UP

### **\*MAKE UP POLICY- TWO CHOICES:**

1. WRITE A ONE PAGE PAPER HAND WRITTEN ON ANY HEALTH OR SPORT RELATED TOPIC. CAN BE DONE ANY TIME IN QUARTER AND ONLY COUNTS FOR ACTIVITY DAYS.
2. LAST TEN DAYS OF THE QUARTER, COME INTO GYM AT 7:55 AM (MORNING) AND COMPLETE WORKOUT FOR AN ACTIVITY DAY OR FITNESS DAY.

## QUARTER FINAL GRADING-

A- 90% - 100%

B- 80% - 89%

C- 70% - 79%

D- 60% - 69%

F-BELOW 60 %

**\*ATTENDANCE POLICY- 10 ABSENCES IN A QUARTER = NO CREDIT!**

## **\*BEHAVIOR RULES\***

1. BE RESPONSIBLE, BE SAFE AND HELP FELLOW STUDENTS BE SAFE!
2. MUST DRESS OUT WITH PROPER CLOTHING: FROM SCHOOL CLOTHES SEPARATE BOTTOMS (SHORTS OR SWEATS), TOP (T-SHIRT, SWEAT SHIRT), AND NON-MARKING CLEAN TENNIS SHOES. NO TANK TOPS, NO FLIP-FLOPS, AND CLOTHES NOT ALLOWED BY STUDENT HANDBOOK.
3. KEEP GYM AND LOCKER ROOMS CLEAN. **NO DRINKS AT ALL ON GYM FLOOR!**
4. STAY OUT OF OTHER'S LOCKERS AND DON'T SHARE DIRTY CLOTHES (SICK)
5. 2 TARDIES- NOT IN GYM BY TARDY BELL, OR NOT DRESSED OUT IN ROLL LINES 2 MIN. AFTER TARDY BELL.
6. STUDENTS NEED TO BRING OWN TOWEL FOR SHOWERS.
7. PLEASE DON'T LEAVE GYM WITHOUT PERMISSION IE: LOCKER ROOM, FOYERS DRINKING FOUNTAIN, ETC.
8. LOCKERS AND LOCKS CAN BE ASSIGNED TO STUDENTS, BUT LOST LOCKS HAVE A FINE OF 5 DOLLARS.
9. **NO CELL PHONES WITH CAMERA OR VIDEO APPLICATIONS IN LOCKER ROOMS!**  
**(PLACE PHONES ON TEACHERS DESK BEFORE ENTERING LOCKER ROOMS)**